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THE FEASTS OF THE LORD - INSTRUCTIONS

(All the Lord's holy days begin at sundown and end the following sundown!)

THE 7TH DAY OF WEEK: Holy Gathering held... **Sabbath, NO WORK PERMITTED**, (no cooking allowed)!

THE PASSOVER: A memorial is held on the eve, partaking unleavened bread and wine. It is **NOT a Sabbath**, so work, buying, selling & cooking IS permitted!

THE 1ST & 7TH DAY - FEAST OF UNLEAVENED BREAD: Holy Gatherings held... **High Sabbaths, NO WORK PERMITTED**, except feasting...cooking is allowed! Unleavened Bread **MUST be eaten for 7 days** and no leavened bread can be eaten (should all be removed before 1st day). **Unleavened bread - days 2-6** are NOT Sabbaths... Work is permitted; however, feasting is in order!

THE FEAST OF PENTECOST: Holy Gathering held... **High Sabbath, NO WORK PERMITTED**, except feasting...cooking is allowed!

THE MEMORIAL OF BLOWING OF TRUMPETS: Holy Gathering held... **High Sabbath, NO WORK PERMITTED**, except feasting... cooking is allowed!

THE DAY OF ATONEMENT: Holy Gathering held... **High Sabbath, NO WORK PERMITTED**, (no cooking or eating allowed – **A FAST** from sundown to sundown)!

THE 1ST & 8TH DAY - FEAST OF TABERNACLES: Holy Gatherings held... **High Sabbaths, NO WORK PERMITTED**, except feasting...cooking is allowed! **Tabernacles - days 2-7** are NOT Sabbaths... Work is permitted; however, feasting is in order!

Note: ¹Work includes buying & selling, which is not permissible on God's Holy Sabbaths! ²When a **FEAST DAY** falls on **THE 7TH DAY OF WEEK SABBATH** both must be observed, as with circumcision! A holy gathering is held, **NO WORK PERMITTED**...Cooking & Feasting **IS** allowed! (When the **Day of Atonement** falls on **THE 7TH DAY OF WEEK SABBATH** a **FAST** must be observed!)